

Working to Solve Homelessness:

SOLEfood: An Inner City Urban Farm



*"Currently Sprouting
at the farm:*

- *Rainbow Swiss Chard*
- *Kale*
- *Tyee Spinach*
- *Arugula*
- *French Breakfast Radish*
- *Salad Greens*
- *Peppers*
- *Tomatoes*
- *Eggplant*
- *Cucumber*
- *Strawberries!"*

SOLEfood is an Enterprising Non Profit (ENP) established in 2009 by United We Can. It is an urban farm consisting of hundreds of planters. The farm provides training and employment opportunities to residents from Vancouver's Downtown East Side to build, plant, maintain and harvest the farm.

The locally grown food is sold to restaurants, at Farmers Markets and when possible, supplied to community organizations with similar aims of improving neighbourhood food security. Led by the farmers themselves, educational opportunities during the growing season are available to the public interested in learning about urban agriculture. Employees see the farm as a place for self-growth and healthy community development, while beautifying our neighbourhood.

It is hoped that the future of SOLEfood will grow to include a network of farms that help revitalize the neighbourhood, provide meaningful employment, and build healthy relationships around healthy food.

SOLEfood Farm is an Enterprising Non-Profit. Funds generated from all sales go back into the project to provide employment for residents of Vancouver's inner-city at the farm.

Source: <http://1sole.wordpress.com/>

Homelessness, together we can solve it.
Visit: stophomelessness.ca

HOME
LESS
NESS
ACTION
WEEK